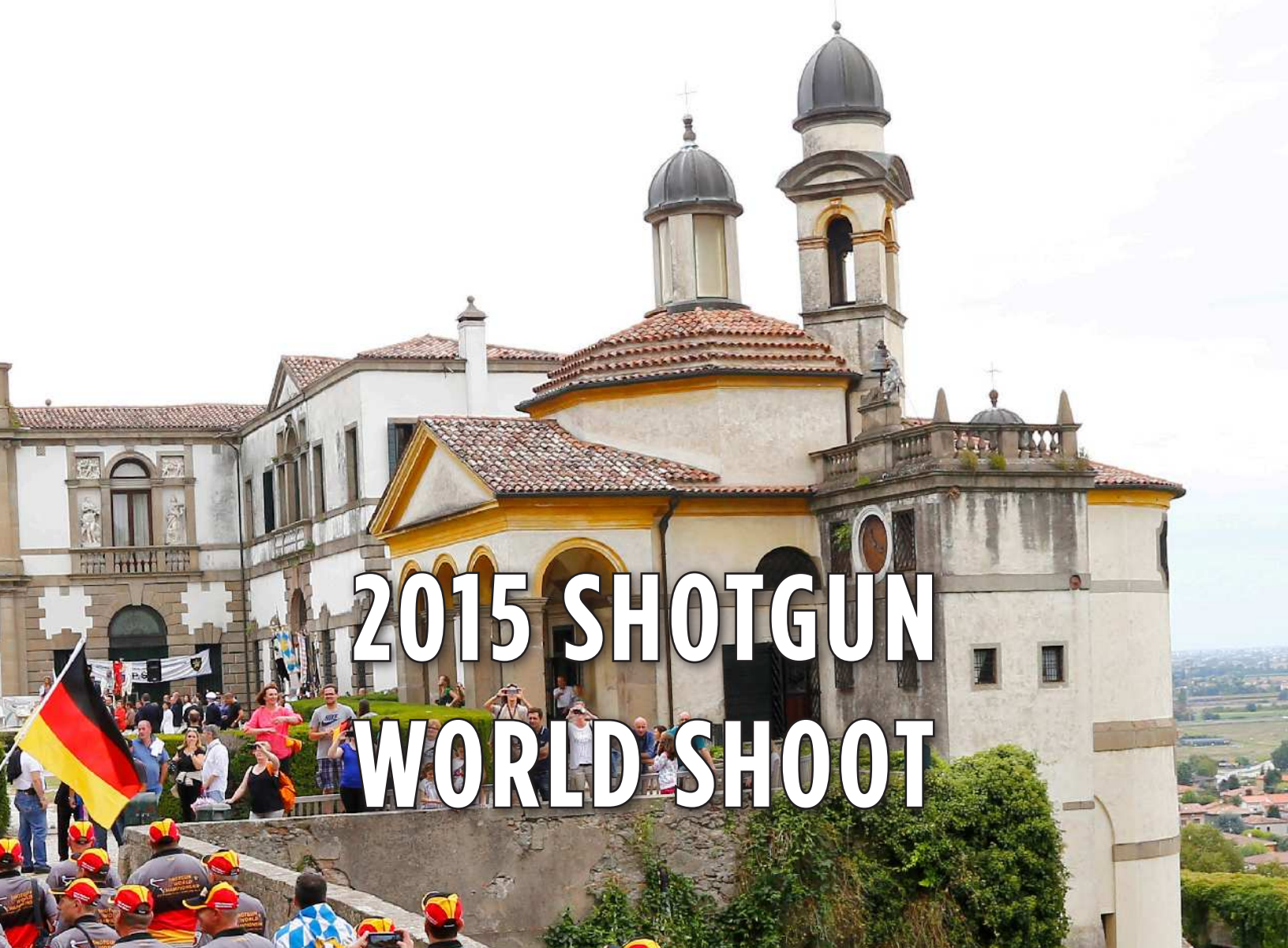


# IPSC WORLD



Volume V • Issue 1



## 2015 SHOTGUN WORLD SHOOT

Special Coverage:  
*Bellissima Italia!*  
*Amazing Range, Challenging  
Stages and Great Food... The  
Perfect Combination!*

### Interviews

- Young Guns - Thomas Affleck
- Hot Shots - Raine Peltokoski
- Leading Ladies - Christine Burkhalter
- Best of the Best - Kazuharu Kudo
- Senior Shootizens - Simon Mak





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 Opening Ceremony  
 Fantastic Shooting Range  
 Courses of Fire  
 Beautiful Scenery and Tourism  
 Awards Ceremony

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## Growing IPSC Competitions Worldwide

I think there must be something wrong with my timer or my calendar, because it seems like it was only last week we were about to kick off 2015, but here we are already in January 2016.

2015 has been another bumper and exciting year for IPSC.

Our major matches kicked off the year in style with the Level IV African Handgun Championship in Cape Town, South Africa in March. Unfortunately I was unable to attend, but I'm reliably informed that it was a highly successful event.

In June we had the Level IV European Rifle Championship in Felsotarkany, Hungary, and a full report about the match was given in the last issue of IPSC World. That event was soon followed by another important event south of the equator, namely the Level IV Pan American Handgun Championship in Brazil in August.

And the hits just keep on coming!

Our Level V Shotgun World Shoot II was held in Italy in September, and a full report appears later in this issue. Finally, a few weeks later, the Level IV Far East Asia Handgun Championship in Malaysia served to cap off an extremely busy year.



Greece and Australia tied Third Place for 2014 IPSC Regions

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However, we also heartily congratulate all regions that successfully conducted Level III matches during the year. We had over 300 such matches in 2015 and, judging by the quality of the courses of fire submitted for sanctioning, everyone keeps raising the bar.



Brazil and Philippines awarded Second Place for 2014 IPSC Regions

It's worth noting that we continue to see steady growth in the number of Shotgun, Rifle, Mini-Rifle and Action Air competitions, in addition to Handgun. While IPSC cannot be all things to all people, if you enjoy dynamic shooting, we definitely have something to offer.



Germany wins 2014 Top IPSC Region

All in all, our future continues to look bright. More competitors, more range officers, more matches and an international sporting camaraderie that is second to none.

In closing, I wish everyone compliments of the season, and I look forward to seeing as many of you as possible at a match somewhere in the wide IPSC World next year.

## SHOTGUN WORLD CHAMPIONSHIP OFFICIAL AMMUNITION



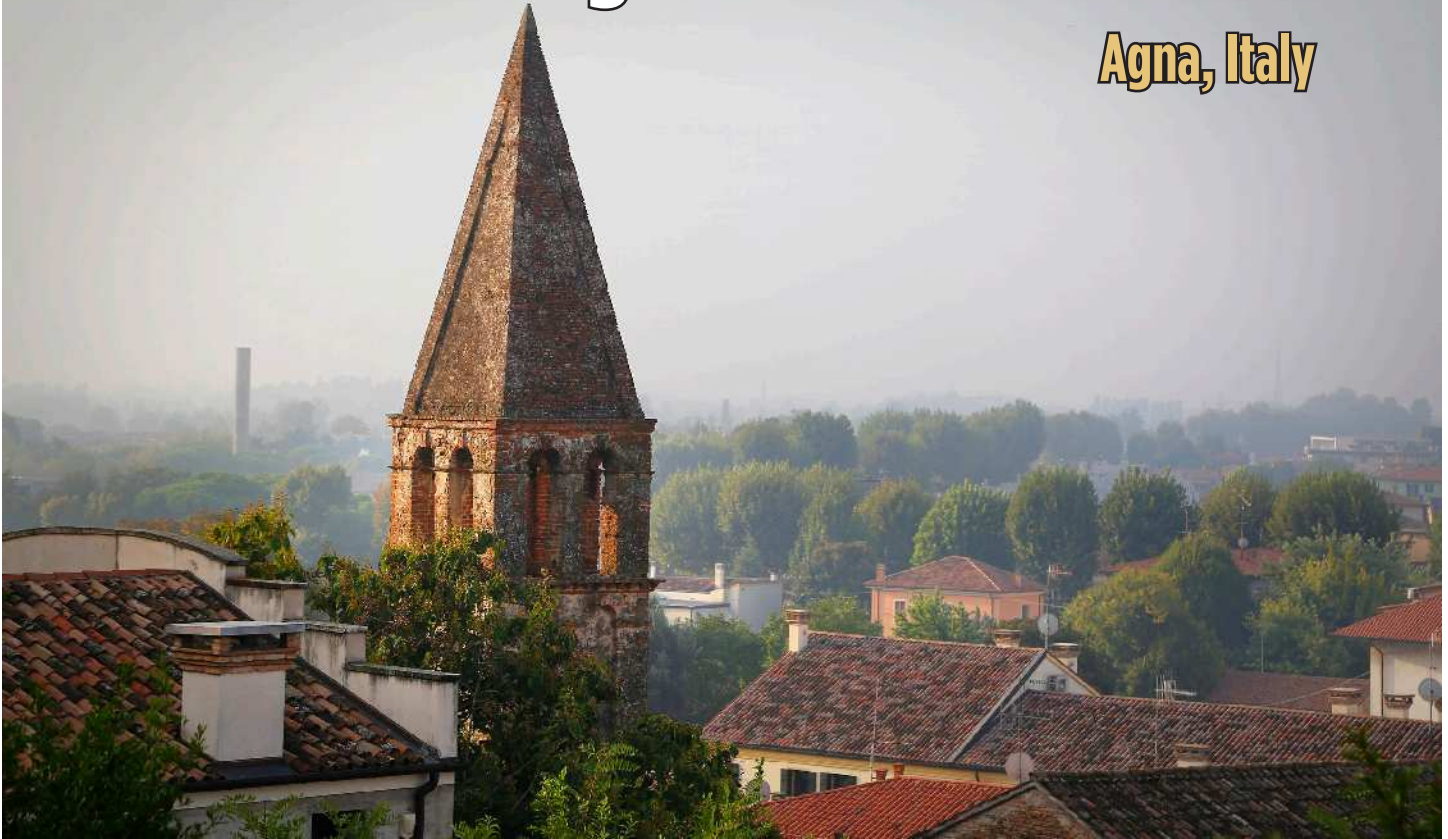
13-20 SEPTEMBER 2015 AGNA (PD)





# 2015 Shotgun World Shoot

**Agna, Italy**



## Veni, Vidi, Vici

**Photos: Mirko Loche**

When Julius Caesar uttered the Latin phrase “Veni, Vidi, Vici” (“I came, I saw, I conquered”) to the Roman Senate around 46BC, he was referring to the quick victory he achieved against Pharnaces II of Pontus, at the Battle of Zela.

Spring forward some 2,000 years, and that very same victorious phrase was clearly the aspiration for the 600 competitors who descended upon the sleepy town of Agna in the Veneto region of northern Italy in September 2015.

Those hardy souls were determined to be as successful as Caesar as they embarked upon their battle against the sea of paper, metal and clay targets that presented themselves almost tauntingly at IPSC Shotgun World Shoot II.







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# 2015 Shotgun World Shoot

Agna, Italy

The battlefield was the magnificent shooting range known as Le Tre Piume (The Three Feathers). The range was so spotlessly maintained, you might think that the competition was actually taking place on a manicured golf course.

In fact, the quality of the food and beverages served at the clubhouse was so good it was equal to the standard found at high end restaurants. There's nothing quite like enjoying a fresh bowl of pasta, followed by an invigorating espresso, while hearing the nearby sounds of competitive shotgun fire!

To IPSC competitors though, The Three Feathers symbolically represented the three core elements

**There's nothing quite like enjoying a fresh bowl of pasta, followed by an invigorating espresso, while hearing the nearby sounds of shotgun fire!**

of IPSC shooting: Accuracy, Power and Speed. Interestingly, and perhaps as a tribute to Caesar, they are embodied in the Latin words "Diligentia, Vis, Celeritas", in the official IPSC motto.

The increasing popularity of IPSC Shotgun is evidenced in the fact that this second iteration had 50% more competitors than the first Shotgun World Shoot held in Hungary in 2012.

Moreover, we were delighted to welcome competitors from many additional regions, including large contingents from Brazil and Thailand, but other sizeable teams from regions afar such as Argentina, Canada, South Africa, the Philippines and the USA participated.

Of course, numerous European regions made their presence known too. This event was undoubtedly a world championship of the highest order.





# 2015 Shotgun World Shoot



And, our flamboyant hosts, IPSC Italy, did a truly magnificent job.

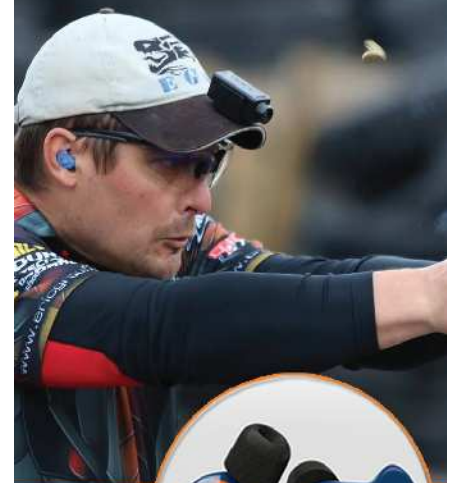
Match Director Gavino Mura, President of Italian Shooting Federation FITDS, was ably assisted by his consigliere Edoardo Buticchi, Luca Ricciardi, and IPSC Italy Regional Director Luca Zolla. The synergy demonstrated by this dynamic triumvirate was inspiring.



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Each of the six shooting areas, and each of the 30 stages, had an Italian theme. Some paid tribute to famous historical figures such as Leonardo Da Vinci and Romulus and Remus, the twins that legend says were raised by a she-wolf.

Other shooting areas featured tributes to prominent Italian cities and popular Italian sports.

Many of the stages were extremely challenging. Competitors had to contend with swinging targets, running targets and flying clays. Additionally, competitors really had to know their shot patterns to avoid incurring penalties due to the precarious placement of No-Shoot plates.

The Opening Ceremony took place in nearby the town of Monselice. Competitors and Match Officials had a short

**Numerous European regions made their presence known too. This event was undoubtedly a World Championship of the highest order.**



# 2015 Shotgun World Shoot



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# 2015 Shotgun World Shoot



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walk from the assembly area to their final destination, the ancient churches and castle at Villa Duodo. Various dignitaries gave speeches, followed by IPSC President Nick Alexakos who officially declared the championship open.

All shooting activities were proficiently conducted under the overall guidance and direction of Range Master Dimitrios Tzimas from IPSC Greece, who also served as Range Master for the first Shotgun World Shoot three years earlier.

He was competently assisted by Deputy Range Master Marco Guelfi from IPSC Italy, who proved to be quite the comedian. His hilarious rendition, during the lunch break one day, of a sumo wrestler giving a stage briefing, brought observers to tears of laughter.

IPSC is about three things: Safety, Excellence in Shooting... and Fun!

In the Stats Shack, Christos Katharios from IPSC Greece crunched the numbers and posted match results in an efficient and timely manner.

However, this event was far from being just a Mediterranean-managed affair. IROA Officials from over a dozen different regions formed the backbone of the range crew and they, in turn, were fully supported by a team of energetic NROI Officials from IPSC Italy.

By the end of the championship, well over 250,000 birdshot, buckshot and slug shotgun shells had been safely fired downrange. It was now time to identify and recognise the winners.

The Awards Dinner was held at the amusingly named Fight Club in Monselice, which is actually an indoor arena where various sports and other events are held.





# 2015 Shotgun World Shoot



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# 2015 Shotgun World Shoot

For Individual Awards, the new IPSC Shotgun World Champions are Nikola Mihajlovic from Serbia (Modified Division), Kim Leppanen from Finland (Standard Manual Division), Roberto Vezzoli from Italy (Standard Division), and Vaclav Vinduska from the Czech Republic (Open Division).

For Team Awards, the overall winners were Serbia (Modified Division), Finland (Standard Manual), Finland (Standard), and Russia (Open Division).

A full set of results, including category awards, are available for viewing at the IPSC website.

The next IPSC Shotgun World Championship will be held in France in 2018 at a fabulous, brand new shooting range currently under construction at Châteauroux.

Based on the growth in attendance from the 1st to the 2nd Shotgun World Shoots, we expect that the 2018 event will be over-subscribed. Start making your plans now!

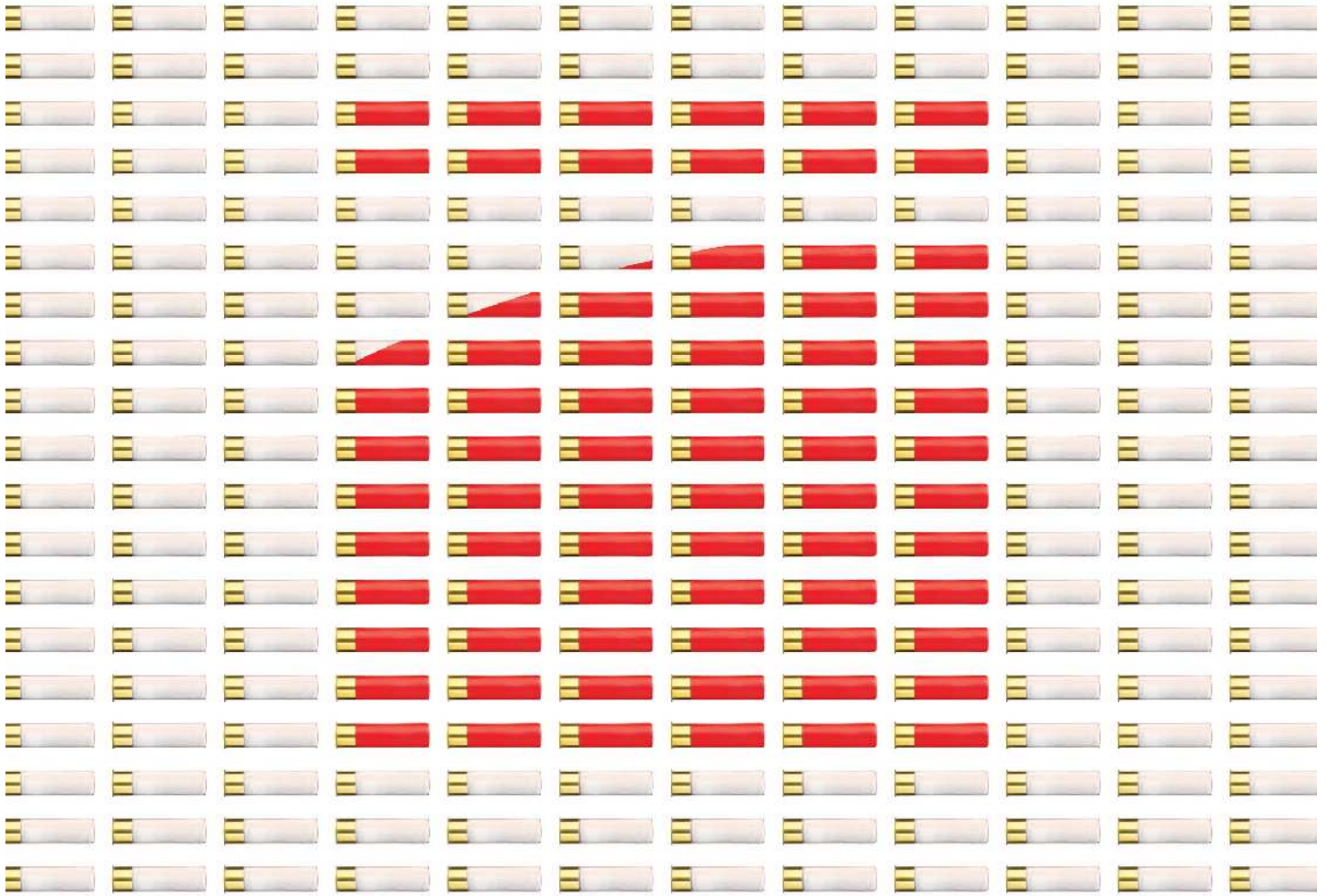


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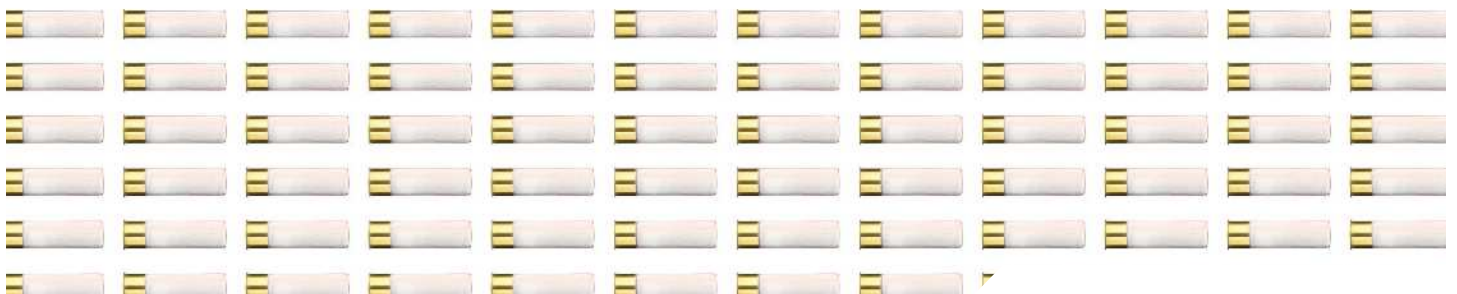
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# REGIONAL RAMBLINGS



# IPSC JAMAICA

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At the 2015 IPSC General Assembly in Italy, Jamaica was elected to host the 2018 Pan American Handgun Championship, marking a significant milestone in this small region's development in the IPSC world.

The Jamaica Rifle Association (JRA) has been the regional directorate of IPSC Jamaica since 1996, when Jamaica was first accepted as an IPSC region. JRA also fielded a team to the IPSC Handgun World Shoot in Brazil.

The JRA was first established in 1896, promoting the sport of target shooting in Jamaica. While its roots are in rifle shooting, the JRA has a strong tradition of pistol shooting competition within the Caribbean.

In addition to IPSC, the JRA is the recognized national organization for all shooting sports in Jamaica, and is also affiliated with the United States Practical Shooting Association (USPSA), the International Confederation of Fullbore Rifle Associations (ICFRA), the National Rifle Association (Great Britain) and the International Sport Shooting Federation (ISSF).

In fact, the shooting sports of the Commonwealth Games were first held at the 1966 games in Jamaica, at the facility now used as the JRA headquarters in Kingston.





The sport of practical shooting at the JRA began informally with competitions organized in the late 1970's, and a "Practical Pistol Group" constituted in the mid 1980's to develop the sport alongside the other sporting arms of the association.

The JRA formally affiliated with USPSA as a Foreign Classifier Affiliate club (#FCA-09) in 1992, and the USPSA has provided valuable assistance over the years particularly with range officer training.

With an early focus on competitor skills, Jamaica has produced several outstanding IPSC shooters to include Ronald Brown and Anthony Johnson, who in turn played a leading role as instructors and have introduced many of our members to the sport over the years.

to expand to partner clubs and their members across the island.

In 2014, Jamaica held its first IPSC Level 3 match, the Caribbean Cup.



In 2011, Jamaica began to develop training for local IPSC range officers using IROA materials, and the National Range Officers Institute (NROI) was formally established.

In the same year, the first international match, the Jamaica Invitation Pistol Tournament (JIPT), was held. The JIPT is held annually under USPSA rules on the weekend following Easter, which coincides with the Jamaica Carnival celebrations and promises a fun-filled visit for shooters and their families.

The JRA established a protocol for affiliation of other ranges with IPSC Jamaica in 2013 that allowed the sport

We were honoured to assist the new IPSC region of Cayman Islands in 2015 to hold their first IROA Level 1 Range Officer Seminar to establish their NROI, and we also assisted IPSC Barbados with their first IPSC Level 3 match.

Our next project is to adopt a safe competitor training certification, modelled on IPSC Canada's "Black Badge" program.





## How do you spend your non-shooting time at a major match?



**Jhay Chua, 40**  
Construction Employee  
UNITED STATES

The best part of traveling to major matches is to always roam around the city to learn the different culture and try authentic local food.



**Bryan Samson, 29**  
Electrician  
AUSTRALIA

Right after I have shot, sighted the targets and accepted my score. I will then start sorting out my cases and reloading my magazines ready for then next stage. I have a mental de-brief of the stage I have just shot.



**Ziakos Apostolos, 34**  
Freelancer  
GREECE

I try to curb my adrenaline to keep a clear mind and always be safe every time I enter a course of fire. I also enjoy watching my fellow shooters during break times.



**Robert George, 52**  
IT Manager  
Australia

What downtime? I love taking pictures of other competitors to hopefully give them a cherished memento of the match.



**Theodore Ballas, 55**  
Retired Airline Employee  
GREECE

After I'm done shooting a match, I try to go back to my hotel or home to relax and rehydrate myself, reconnect with old friends but always keeping focused!



**Norbert Baraoidan, 48**  
Systems Analyst  
UNITED STATES

Sharing ideas and observations with other spectators while watching competitors shoot can be rewarding and enjoyable as you gain new friends and get familiar with the stages.





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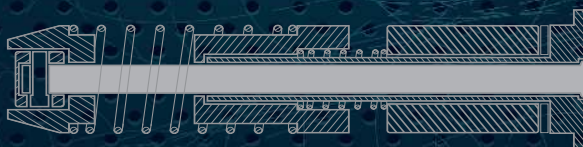
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# Thomas Affleck

**AGE: 17**  
**REGION: South Africa**



### How did you first hear about IPSC?

My father was very active in IPSC so he would always take me with him to competitions, and that's where my interest started. I did not know what was actually happening there until he explained it to me in detail including the concept of DVC.

### For how long have you been shooting?

I've been shooting competitively for 4 years, although my father started me shooting at about the age of 11 so that I could see where my interests lay.

### What division do you shoot and why?

I shoot Production Division because it's a cost effective way of starting off in the IPSC world. In this division I can learn all the





fundamentals whilst watching and deciding what other division I may want to try in the future.

### What is the coolest about IPSC shooting?

The coolest thing in IPSC is the diversity of the shooting discipline. It has so many different aspects such as shooting on the move, magazine changes, shooting through apertures, moving targets and so on. It's such an adrenalin rush. IPSC is also a mental game, and the high level of competition makes it a lot more interesting.

### What inspired you to begin shooting?

My father. He bought me my first gun and then introduced me to IPSC, and I enjoyed it so much. What 13 year old boy wouldn't?

### What do your friends and family think about you shooting IPSC?

My parents are very proud of my achievements and they continuously encourage me. Every now and then, even my sister gives me a nod of approval.

### What are the biggest challenges you have when shooting IPSC?

School work is the biggest problem at the moment as the majority of our National Matches are held over the same weekends as our exams, so generally I have to study while we are travelling to or from a major match. I also have to request permission from my teachers to sit for exams on different days. Travelling is not a problem as it's an opportunity to mentally prepare for the competition.

### What other sports or activities do you enjoy besides IPSC shooting?

I play a few other sports such as water polo, rugby and squash, and I also go to the gym regularly.

### What other sport(s) do you think help with IPSC shooting?

I think squash helps with IPSC because there are sudden stops and changes in direction, similar to what you often have to do in IPSC. My CrossFit and intensity training also prepares me mentally and physically by keeping me fit and alert.



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**REGION:** Finland



### **How many years have you been shooting?**

I have been shooting since childhood, some 35 years all-up. My first IPSC shooting match was 1989, 26 years ago.

### **What do you like best about IPSC shooting?**

I like the action and speed. There's still something special about trying to hit a ridiculously small target from a distance in regular target shooting, but it becomes boring after awhile. That's why I switched to IPSC.

### **How often do you practice at the range?**

In my active years, the calendar year consisted of practicing five days a week for six shooting season months, three months rest during hunting season, and two days a week indoor with a 22LR for our three snowy months. Nowadays, I shoot what my health and time allow.





### What is your match pistol and ammo?

For Rifle, I use an ADC in 223 Remington, using Lapua 55 grain FMJ or Lapua 69 grain Scenar ammunition. For Pistol, I use a custom made gun in Open Division, shooting 9mm Major from Lapua.

### How do you prepare mentally for a match?

The best mental preparation is careful stage study. When you know what's coming, you will feel confident in the match. I only shoot major championships, and for me the best part is preparing with the Finnish National Team. After the beep, you're on your own, but good teamwork can improve everybody's performance.

### Any special nutrition or diet?

I carry Finnish rye bread for breakfast for foreign matches, a lesson learned from food poisoning ruining one World Shoot for me. I try to stick to a simple diet during a match, and culinary experiences are only sought after the match is over. Magnesium is needed as a supplement to avoid cramps in hot conditions.

### Any special exercises?

Stretching is important. Getting older means more exercise is needed just to maintain the ability to move.

### Who do you consider your inspiration or mentor?

I wish I had a mentor or a coach a quarter century ago! I had to learn everything through my own mistakes and teaching myself through video analysis. Nevertheless, I want to mention my excellent national team mate since 2003 and a fierce competitor with all three guns, Petri Runtti. Our tough internal competition has raised the level of Finnish long gun shooting as a whole. At level IV and V matches, our friendly rivalry has fruitfully transformed into cooperation and teamwork for the benefit of all.

### What advice do you have for up and coming shooters?

When you practice, have a theme for what you do, and split your practice into small details. Work on small parts of a stage separately. Practice accuracy without a timer. If you cannot shoot a small group without a timer, how could you with it? Practice speed with more allowance in accuracy, and use C hits to find your speed limit. In a match, do not try the same. Only shoot aimed shots. There is no double-tap at any distance, there is just faster aiming at easier targets. you can only develop when in the company of competitors better than yourself.





# SIMON MAK

**REGION: HONG KONG**

**AGE: 63**



**When and where did you first discover IPSC shooting?**

I joined the Hong Kong Gun Club in 1991 and took up trap and skeet shooting. The next year I was introduced to IPSC shooting, and I was immediately excited and enthralled with the sport. I was so hooked, I attended my first IPSC World Shoot at Bisley, England in 1993.

**What other sports or activities do you also enjoy?**

I love to scuba and spearfish. Previously, I was an active rally car racing driver, and I once drove my Mitsubishi in a rally from Hong Kong to Beijing, a distance of over 1,200 miles as the crow flies, but much longer when I had to contend with the roads at that time!

**Which divisions do you shoot, and why?**

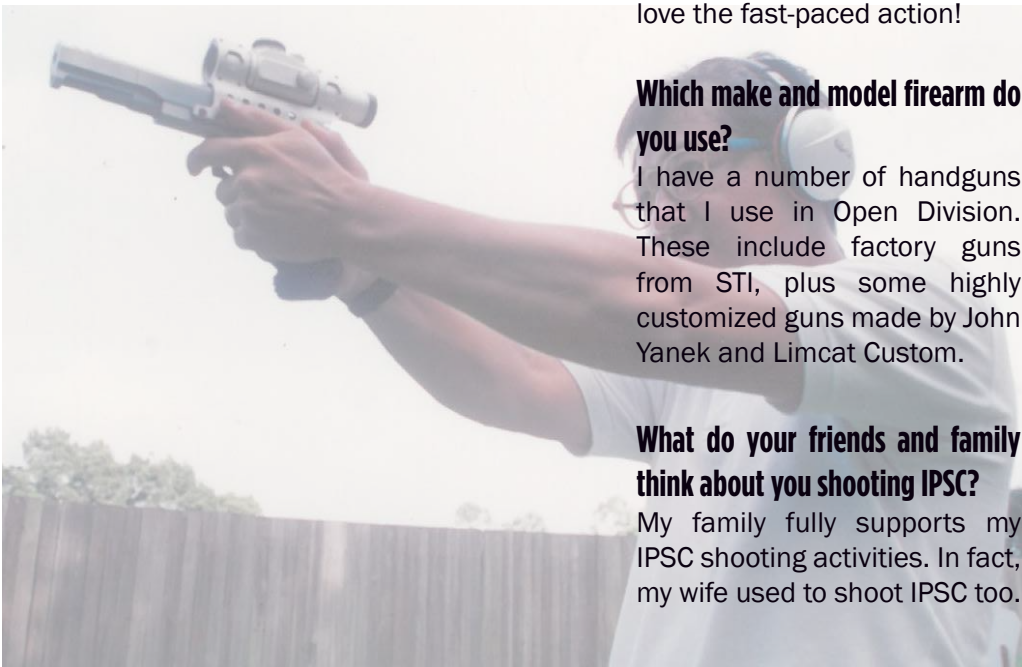
I really enjoy Open Division. I love the fast-paced action!

**Which make and model firearm do you use?**

I have a number of handguns that I use in Open Division. These include factory guns from STI, plus some highly customized guns made by John Yanek and Limcat Custom.

**What do your friends and family think about you shooting IPSC?**

My family fully supports my IPSC shooting activities. In fact, my wife used to shoot IPSC too.





**“Winning is not everything, but wanting to win is essential. You must always maintain a positive attitude, not just in respect of your IPSC shooting, but to life in general.”**



**Do you have any tips for the Young Guns?**

Winning is not everything, but wanting to win is essential. You must always maintain a positive attitude, not just in respect of your IPSC shooting, but to life in general. As Henry Ford once said: “Whether you think you can, or you think you can’t, you’re right”.



An advertisement for JRHolster.com. The background is a dark, textured surface with a hexagonal pattern. On the right side, there is a close-up of a red holster with 'JRHOLSTER' embossed on it. On the left side, there is a stylized graphic of a lightning bolt or arrow. The text 'www.jrholster.com' is written in a bold, red, sans-serif font. Below it, the text 'FAST DRAW • FASTEST HOLSTER GEAR OF THE CHAMPIONS' is written in a smaller, white, sans-serif font. At the bottom, the word 'GINOVATION' is written in a large, bold, yellow and red font, followed by 'AUTOMATIC LOCK' in a red font, and 'SAFE, FAST, RELIABLE' in a white font.



# CHRISTINE BURKHALTER

**REGION:** Switzerland



### Who and/or what inspired you to begin IPSC shooting?

I had a very good friend who was shooting IPSC and he told me all about it and he infected me with the IPSC bug. He also showed me the first important steps to begin with IPSC. He conducted some drills with me and taught me the basics.

### How long have you been shooting?

For about 8 years. Before I started shooting, I did vaulting from the age of 7 until I was 23. My whole life was about vaulting, I had to stop for different reasons but I never imagined that, when I was almost 30 years old, I would find a new hobby that means so much to me and for which I have the same passion. And I hope I can stick with it for a long time.

### Which division do you shoot, and why?

When I started, I shot Standard, but then I changed to Production, because I think it was the perfect division

for me. The gun in 9mm was easy to handle, it was nice to shoot, and I could also easily learn how to reload my own ammunition. And there was also a cost benefit too. As we all know, shooting is not the cheapest sport if you like to do it at a competitive level. At the end of 2015, I decided to change back to Standard again, but this time shooting a larger calibre in Major power factor. This change is simply because I really love my new gun (Tanfoglio Limited Xtreme).





### What do you think about the social aspects of IPSC?

If you shoot IPSC you have friends all over the world. It's one big family. I love it when we go to matches and meet old friends, make some new ones, and have fun together. We all have the same passion that connects us.

### How do you balance your IPSC shooting activities with your other commitments?

About a year before the last Handgun World Shoot I quit my job as a nurse, and only worked part time when it suited my practice and competition schedule. It hurt financially, but paid off in results!



***"If you shoot IPSC you have friends all over the world"***

On a weekly basis, I try to schedule my practice, work and other activities at least one week ahead. To me, that makes it easier to make time for all my plans.

### What other sports or activities do you enjoy besides IPSC shooting?

Once a week I go to the physiotherapist for personal training. I also do cycling for endurance and CrossFit for the strength, flexibility, coordination and speed, as balance and support to IPSC.

### What is the best way to get more female competitors into IPSC?

Just take them with you on a shooting range, show them how to shoot but, most importantly, show them how exciting it is to shoot IPSC.



An advertisement for Shield Sights. It features a target logo with a red dot in the center. The text reads "SHIELD SIGHTS MILITARY PROVEN RED DOTS". Below this, there are three images of different sight models: a "SHIELD MINI-SIGHT" (smallest, toughest, lightest), a "SWITCHABLE INTERFACE SIGHT" (shown on a handgun), and a "SWITCH BETWEEN 4 RETICLE CHOICES ON THE GO MANUAL &amp; AUTO BRIGHTNESS ADJUSTMENT" (shown on an AR-style rifle). The website "WWW.SHIELDPSD.COM" is at the bottom.

An advertisement for AZOT NRG Match. It features the AZOT logo at the top, with "Research &amp; Production Company" below it. The main image shows a box of "NRG Match SPECIAL AUTO SUPERIOR" with several matchsticks scattered around it. The matchboxes are silver and black with red and white text.

# Saiga 12 version 340

## The weapon of world champions



Alena Karelina - 2015 shotgun world championship 1st place open lady  
Vsevolod Ilin - 2015 shotgun world championship shoot-off 1st place open, team 1st place open  
Maria Shvarts - 2015 shotgun world championship shoot-off 1st place open lady

New gas system improves reliability and operates with light loads

New gas system improves reliability and operates with light loads



Better ergonomics

Magazine release resembles pistol ergonomics, allowing you to use your thumb to drop the magazine



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# TOOLS IN THE TOOLBOX

Sean McCauley, CSCS, CISSN



**Tecumseh once said “When you rise in the morning, give thanks for the light, for your life, for your strength. Give thanks for your food and for the joy of living.**

I have a Leatherman MUT. It's a (awesome) multitool like most of us know with some added special stuff on it for weapon maintenance. Many of you probably have one. But basically it's just a tool you can carry in your pocket. A tool you may find yourself relying on from time to time. But really, it's something that resides in your pocket or range bag and you don't give it more than an occasional thought week to week. It's literally a tool in the toolbox.

My bathroom scale is also a tool I find myself relying on from time to time. Where the MUT helps me scrape carbon off my AR bolt or helps me saw through a small tree limb, the scale gives me the data I need to know to make intelligent

decisions with regards to what I am trying to achieve nutritionally. The scale is also a tool in the toolbox. Nothing more.

They are both tools. Yet so many people give such power to the scale. They let it control their happiness. They let it control their actions. Their thoughts. Often times it dictates their lives. They work hard, eat well and diet to try to lose weight. They get on the scale in the AM and see it's up 1.2 pounds and instantly their day is compromised. They are unhappy.

Tecumseh once said “When you rise in the morning, give thanks for the light, for your life, for your strength. Give thanks for your food and for the joy of living. If you see



**Letting a scale control your happiness is absurd. None of us are given much time on this planet. It goes by in a blink.**



## PRACTICAL FITNESS

*The scale is just a tool in the toolbox  
and nothing controls your mindset  
except you.*

no reason to give thanks, the fault lies in yourself". I love that quote because that is a dude who had perspective.

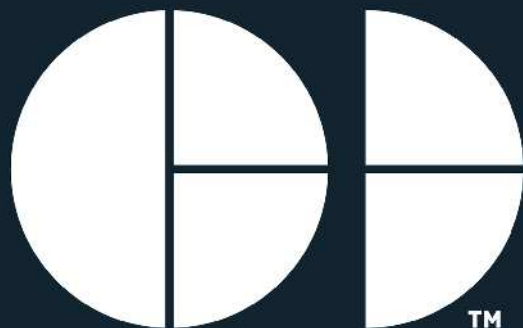
Would you let a handy multitool like this control your happiness or make you feel bad about yourself? The answer had better be "No way"! It's just a tool. Pieces of metal screwed together with the intent of helping you achieve a task. Not controlling you. The bathroom scale is the same thing. Nothing more, nothing less. It's plastic and metal and it exists to help you. Not control you. Digest that for a minute because it's a big dose of perspective as well. One that a lot of people need to hear.

Again, letting a scale control your happiness is absurd. None of us are given much time on this planet. It goes by in a blink. Don't waste your time giving the scale control over your happiness. Accept that like the Leatherman MUT, the scale has a limited purpose. It exists to serve you. You don't exist to serve it.

So when you need to punch some pins from your rifle, grab a MUT and get the job done. When you wake up and need some data on your body weight so you can track your progress, jump on the scale, get the data point, write it down and then move on with your day.



Give thanks like Tecumseh told you to. Life is short and every day moves you closer to your goal if you are working hard. Enjoy the process. Know that weight loss is not linear. You don't lose weight daily no matter how perfect you are. Don't fight it. And certainly don't be unhappy along the way. The scale is just a tool in the toolbox and nothing controls your mindset except you.



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# Strokes Are A Serious Matter

Stroke is the 4th leading cause of death in the US, with one person dying every 4 minutes as a result. Only heart disease, cancer and chronic lower respiratory diseases are more deadly.

Strokes occur due to problems with the blood supply to the brain; either the blood supply is blocked or a blood vessel within the brain ruptures. A stroke is a medical emergency, and treatment must be sought as quickly as possible.

There are three types of stroke:

*Ischemic strokes* are the most common form of stroke, with around 85% of strokes being of this type. They are caused by the arteries that connect to the brain becoming blocked or narrowed, resulting in ischemia or severely reduced blood flow.

*Hemorrhagic strokes* are caused by arteries in the brain either leaking blood or bursting open. The hemorrhaged blood puts pressure on brain cells and damages them. Blood vessels can burst or spill blood in the middle of the brain or near the surface of the brain, sending blood into the space between the brain and the skull.

*Transient ischemic attack* are different from the other two kinds of stroke because the flow of blood to the brain is only disrupted temporarily for a short time. They are similar to ischemic strokes in that they are often caused by blood clots or other debris.

Strokes occur quickly, so that often a stroke diagnosis will have to be made before an individual can be seen by a doctor.

## LEARN THE SIGNS OF STROKE

**F**ACE is it drooping?  
**A**RMS can you raise both?  
**S**PEECH is it slurred or jumbled?  
**T**IME to call 9-1-1 right away.

ACT **F A S T** BECAUSE THE QUICKER YOU ACT,  
THE MORE OF THE PERSON YOU SAVE.



**MATCH MEDIC**

**Strokes occur due to problems with the blood supply to the brain; either the blood supply is blocked or a blood vessel within the brain ruptures.**

The acronym *FAST* is a way to remember the signs of stroke, and can help toward identifying the onset of stroke in someone:

*Face drooping:* if the person tries to smile, does one side of the face droop?

*Arm weakness:* if the person tries to raise both their arms does one arm drift downward?

*Speech difficulty:* if the person tries to repeat a simple phrase is their speech slurred or strange?

*Time to call for help:* if any of these signs are observed, contact the emergency services.

For more information, download the “Spot a stroke F.A.S.T” app available for free from the Google Play Store and the Apple Store.



FOR

**IPSC**

**PROFESSIONALS**

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**e** [INFO@CZUB.CZ](mailto:INFO@CZUB.CZ)

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**DINO EVANGELINOS**  
IROA PRESIDENT

## 2015 IROA REPORT

**WE REVIEW THE BALANCE OF A GREAT YEAR!**

As IPSC President Nick Alexakos reported earlier in this issue, yet another year of exhilarating IPSC matches is behind us. And, once again, IROA Officials played a pivotal role in ensuring that all major IPSC events were successful.

Our dedicated men and women, in their trademark striped shirts, assisted thousands of competitors to fire millions of rounds safely downrange, and they did so by performing attentively, with a friendly attitude and a professional demeanor.

Although we only have a total of 525 IROA Officials worldwide and an increasingly hectic match calendar, most match call-ups had a 200% response rate. That is to say, if there were 50 vacancies at a match, we had 100 or more applicants for each one. This is dedication!

So, will you please do me a small favour? Every time you finish a course of fire and irrespective of your performance,



IROA Officers delivered once again at the 2015 Shotgun World Shoot in Italy



firmly shake your Range Officer's hand and say "Thank You". Better still, give him or her a big hug!

In 2016, we have three major matches. These are the Level IV Australasia Handgun Championship in Indonesia, the Level IV European Handgun Championship in Hungary, and the Latin American Handgun Championship in Colombia.

IROA Officials interested in serving at one or more of those matches are urged to check their email inboxes for match call-up notices. You can also check your profile at the IPSC website.



That's all for this issue. In closing, I wish everyone the best of health and happiness for the holidays and the New Year, and I look forward to seeing you on the range.



IROA Officials showed up en masse for the beautiful Opening Ceremony

SPONSOR OF THE IPSC SHOTGUN 2015 WORLD CHAMPIONSHIP

**KALASHNIKOV**  
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## BEST OF THE BEST

# KAZUHARU KUDO

REGION: JAPAN



### **How many years have you been officiating?**

Six years. In February 2010, I completed an IROA Level 1 Seminar in the Philippines. I was accepted as a provisional member of IROA in November 2011, and I was elevated to Full Member (Handgun) status in January 2013.

### **What do you like best about officiating?**

Meeting great athletes from all over the world and working with respected and experienced Range Officers. It makes me happy when I can see their nice smiles at my stage.

### **What was your most memorable match? Why?**

The 2013 IPSC Level IV Australasia Handgun Championship 2013 in New Zealand. It was my first Level IV match after becoming a full member of IROA.

It was a beautiful firing range, I worked an exciting course of fire which had excellent stage props. It was a huge

honour for me to serve together with Chepit Dulay, an IROA Range Master from the Philippines, who is the only two-time recipient of the Ken Norman Award. I learned so many things and RO skills from him. His instruction will always be with me when I officiate IPSC matches.

### **In addition to a timer, what other equipment do you use?**

I use a CED7000 or CED7000PRO timer. I especially like the CED7000PRO because it has a beautiful color LCD screen. Some ROs and competitors think it's funny, but I also always use a microphone or portable hand speaker when giving the stage briefing.

If heavy rain comes to my stage, I wear "Zikatabi", a special footwear for construction workers in Japan. My fellow ROs refer to them as my "Ninja Boots". They are high shoes that will cover and support me up to knee level, so I will not take them off if I walk or run on my stage, even if it starts looking like a rice paddy!



### What advice do you have for aspiring officials?

Always do your best to show a nice smiling face to competitors during matches, and leave your personal problems at home. I'm sure that a welcoming smile from an RO helps relax competitor's tension, so that they can show us their best performance at our stages. If competitors smile when they will leave my stage, I feel I have done my duty.

While IPSC shooting is all about individual performance, stage and range management at the range is all about Team Work. Everyone has different knowledge and experiences so, even if you are a new Range Officer, the more experiences you have will always help you and make you feel welcome.

I'm very proud to be part of the team!



# FIOCCHI



# Tantalizing Taiwan!



**The Level III Action Air Championship, held in the southern city of Kaohsiung from 21-22 November, was an affair to remember in so many ways.**

The 16 Courses of Fire were constructed and shot outdoors in leafy, jungle environment, so we were always at the mercy of the weather. Thankfully, we were spared any serious climatic challenges until the end of the second day of the match, when a heavy shower temporarily halted the match.

This required the last few squads to shoot under floodlights that were quickly erected. However, we were obliged to cancel two stages because the visibility was noticeably degraded compared to those who shot them earlier under clear blue skies. A shame, but fairness rules the day.

The largest group of competitors came from Hong Kong, under the care and guidance of Ryan Chu, the energetic President of the Hong Kong Airsoft Practical Shooting Confederation, an umbrella organisation that includes all major Action Air clubs in Hong Kong.

Of course there was also a large delegation of competitors from Taiwan, as well as a smattering of competitors from Macau and Singapore. At any moment, you could hear four different dialects of Chinese being spoken, in addition to the unifying language of English.

Match Director Philip Chen, who is also Regional Director of IPSC Taiwan, was a gracious host, as usual. He not



Regional Director of IPSC Taiwan Philip Chen acted as both Match Director and Chief Sausage Officer!





## AIR CREW

only tirelessly organised the match, he proved to be somewhat of a Master Chef at the end of play on the first day when he personally handled the BBQ.

All the food was fabulous, but the sausages were especially tasty!

IROA Range Master Ian Chow from Papua New Guinea served with distinction for the fourth year in a row. He's become a much loved permanent fixture, despite his lack of fluency in Mandarin.

However, he's able to competently manage the event thanks to his mastery of "Chinglish".

***The 16 Courses of Fire were constructed and shot outdoors in leafy, jungle environment, so we were always at the mercy of the weather.***

The Awards Dinner on the second evening was held at the range, where everyone was served a 12 course Chinese banquet under a marquee. The food was truly phenomenal, but that's no surprise because Chinese are renowned for insisting that their cuisine be served hot and fresh.

The overall divisional winners were (Open) Wong Ka Kit from Macau, (Standard) Lau King Lam from China, and (Production) Kenny Chan from Hong Kong. Honours for the only Category recognised, Open Lady, went to Lau Yuen Chong, also from Hong Kong.

All-in-all, it was a fun event, and we expect the match to continue growing in the years ahead.





# PRODUCTS CORNER



## HOWARD LEIGHT

### SPORT ELECTRONIC EARMUFFS

The water-resistant Teal Impact Sport Electronic Ear Muffs automatically shut off loud impulse noises to a safe 82dB, while amplifying nearby conversation and range commands to ensure your hearing remains protected while you get the most out of your practice time.

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The comfortable synthetic leather and textile upper is treated with a Durable Water Repellent finish that eliminates worry about being stuck in soaking, cold boots for hours.

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## HIGH SIERRA

### PROPEL 70 HYDRATION PACK

The High Sierra Classic 2 Series Propel 70 Hydration Pack is ideal for keeping you hydrated on the range. Duralite material with water-resistant coating and hexagon ripstop make up the pack's outer shell, meaning it's tough enough to take on almost anything. A large, front-loading main compartment holds gear, while an easy-access front pocket offers external storage.

[WWW.HIGHSIERRA.COM](http://WWW.HIGHSIERRA.COM)



## OAKLEY

### CERAKOTE SI BATWOLF SUNGLASSES

Oakley Cerakote SI Batwolf Sunglasses were created to provide customers with the most durable, mission critical eyewear possible.

In addition to the durable Cerakote frame coating, these special edition glasses come with custom M16 Gunmetal "O" icons. Also include Microbag for protection and cleaning.

[WWW.OAKLEY.COM](http://WWW.OAKLEY.COM)



## IPSC TRIVIA



# ***DID YOU KNOW?***

Did you know that the closest World Championship score on record was the difference between 2nd and 3rd places in Open Division at the 2002 Handgun World Shoot in South Africa?

Todd Jarrett of the USA scored 2870.5695 match points, to trump Brodie McIntosh of Australia who scored 2870.5689 match points... an incredibly narrow difference of only 0.0006 match points!

## **Have you Downloaded the Official IPSC Mobile App?**



Available on the  
**App Store**



Available on the  
**Google play**

**Search For**

IPSC Official App





LET'S GO SHOOTING



# UPCOMING MATCHES

## AUSTRIAN SIG SAUER MASTER 2016

AUSTRIA  
FEBRUARY 19-21, 2016



## BATTLEFIELD SNOW

ESTONIA  
FEBRUARY 20-22, 2016



## IN THE NEXT ISSUE

2016 Victorian State Handgun  
Championship

IPSC Thailand 30th  
Anniversary

## NEXT "ON THE RANGE" QUESTION

What do you like best about the IPSCWorld  
Magazine?

Send your response by email to [ipscmedia@ipsc.org](mailto:ipscmedia@ipsc.org) (minimum 30 words)  
with your name, age, occupation, country of residence and a photo of you  
and we will publish your response in the next issue!



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